

Victoria L. Dunckley, M.D.
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Biography

Victoria L. Dunckley, M.D. is a board-certified child, adolescent and adult psychiatrist who specializes in treating patients with complex diagnoses and/or treatment-resistant conditions utilizing both conventional and alternative methods. She is a speaker for parents' groups and mental health trainings, consults regularly with schools, multi-disciplinary treatment teams, and the courts, and blogs for Psychology Today. Her clinical practice is divided between the private and public sectors in Orange and Los Angeles Counties.

Dr. Dunckley's work with complex medical and psychiatric-disordered patients has led her to seek out complementary interventions when standard treatments failed. By working with and learning from occupational and physical therapists, sensory integration specialists, nutritionists, endocrinologists, and functional medicine practitioners, her clinical expertise has come to reflect a more integrated, holistic approach.

Dr. Dunckley augments conventional treatments with supplemental vitamins and herbs, micronutrient testing, and supporting the biofield (the body's bio-electrical energy fields). She has treated hundreds of children and young adults with her four week *Save Your Child's Brain* program which utilizes an "electronic fast" to reduce brain pollution from video games and other electronics, and produces rapid improvements in mood, behavior, cognition and social skills.

After receiving a biology degree in 1992 from U.C. San Diego, Dr. Dunckley received her medical training at Albany Medical College in New York, then returned to the west coast for her psychiatric residency and child/adolescent fellowship at U.C. Irvine Neuropsychiatric Institute. Since then, she's worked in a variety of community mental health settings including residential treatment centers, group homes, and clinics catering to adopted children and transitional-age youths. Currently she consults with the Westside Regional Center caring for children and adults with autism and other developmental disabilities. In her private practice she has extensive experience treating tic disorders/Tourette Syndrome, ADHD, bipolar disorder, reactive attachment disorder, and issues related to physical or sexual abuse.

Whether in the private or public setting, Dr. Dunckley is known for giving her patients and their families as much time as they need, and goes the extra mile to help each patient achieve their maximum potential. In 2005 Dr. Dunckley was the recipient of a "Catch People Caring" Award for her work with helping children adjust to living with a mental disorder.

A Diplomate of both the American Board of Psychiatry and Neurology and the American Academy of Child and Adolescent Psychiatry, Dr. Dunckley is also a member of the American Psychiatric

Association and the American Holistic Medical Association, and is recognized by the Tourette Syndrome Association as a recommended clinician.

Dr. Dunkley has written multiple online articles on the unique challenges modern society poses to our mental health, and has a forthcoming book on how to mitigate the negative effects of electronic screens on brain, mind, and character development based on observations from her *Save Your Child's Brain* program. Her website can be found at www.drdunkley.com and her blog at www.psychologytoday.com/blog/mental-wealth. She resides with her husband in Culver City, CA.

